



Because of You... Stepping Stones Towards Change

Have you heard that Feed My People will be transforming into a "Client-Choice" pantry? This transformational project will offer people the opportunity to choose food for themselves and their families.

But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?

1 John 3:17

Having the opportunity to work personally with a coach, members in South County will receive Client Choice while getting one-on-one help to overcome challenges. This way members can receive more holistic community services from Feed My People.

New Reception Area



The new food pantry will feature a prayer room for guests to gain respite.



Our Transformation Program provides the people we serve with additional help in areas of need such as:

- Building an Employable Resume
- Rental Assistance
- Connecting them with Local Pharmacies
- Referring them to a Spiritual Counselor
- Utility Assistance

By giving people the freedom of client choice, they have access to better nutrition. Research shows that people who can choose their own food and meet with a coach at least once a month are more likely to succeed in whatever they pursue. It can also contribute to them becoming more independent and gain a sense of self-worth.

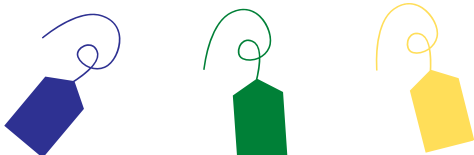
We encourage you to donate to Feed My People or host a fundraiser on our behalf so we can better serve our community! Stay tuned on our website (www.feed-my-people.org) and our social media to see what's next!

To learn more, or to make a gift, visit
www.feed-my-people.org/give
or Scan this QR Code!



Thrifty Hanger Report

Fall into Savings this upcoming season! From September 25th to October 1st *all* color tags (excluding purple) are on sale! Then, from October 2nd to October 8th *select* color tags are on sale. This sale is a great opportunity to snag up some hidden treasures. Make sure to keep an eye out for those color tags - you'll never know what you might find!



Shoppers! Don't forget that **Halloween** is right around the corner! Lucky for you, the Thrifty Hanger is ready to spook you into some amazing finds! Let the kids craft their own costumes using what they can "*trick-or-treat*" from the Thrifty Hanger. We also have an assortment of *Spooktacular* Halloween decor. Be sure to *haunt* our stores beginning September 27th to find some amazing items!

Feed My People

A Christian Interdenominational Help
Center showing God's love and
compassion for His people in need.

South County Office

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St. Louis, MO 63125
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Programs

Food Help

Emergency and Long Term

Job Counseling

Computer Lab

Thrift Stores

Open to the Public

Healthy Family Program

Nurse Consultant, Spring Seeds
Program, Personal Care Items,
Clothing Assistance, Eldercare
Assistance

Healthy Kids Program

Newborn Layettes, School Supplies,
New Shoes, Birthday Room

Healthy Homes Program

Heater, Blankets, Fans, Utility
Assistance

Christmas Programs

Adopt-A-Family, Giving Tree

Seasons of Change



For everything there is a season, and a time for purpose under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted.

Ecclesiastes 3:1-2

As we finish the Summer of 2021, I think about how life provides us with different seasons: a season of youth and innocent abandonment, another of raising family, experiencing marriage, birth of children and the loss of loved ones. Finally, we have the season of old age, where wisdom is combined with frailty. Through these stages, we weave a patchwork of life - we make a life.

Rich or poor, all of us experience these seasons. Feed My People provides people, no matter the time, with hope and refreshment. Whether you are a young person trying to pay bills while going to college or an aged retiree in the sunset of life, our food provides nourishment, our volunteers and staff provide listening ears to those who need to talk and our social services help provide a vital safety net for people who are struggling. In addition, Feed My People provides a slice of life after retirement for more than 400 active volunteers. These folks get to experience the joy of giving back every time they come to Feed My People to volunteer.

The more than 25 churches that support our ministry, our partners-these organizations provide vitality to Feed My People enabling us to offer their members love and support, whether they come for assistance or to volunteer. The community organizations, schools, entertainment venues, corporations and governmental bodies give Feed My People the strength to offer all of us the chance to feel the joy of being good to others. This gift is impossible to price. It is immeasurable and beautiful. It is through these good works that Feed My People has planted great intentions within our communities for almost 40 years.

As Feed My People prepares to transform our South County Food Pantry into a client-choice pantry offering a grocery store-like setting, we prepare to "pluck up that which is planted." From many years of lasting and deep community support of this great organization. What is planted is the support and concern of thousands of local people who support our mission faithfully. Without you, Feed My People is nothing. God bless you!

Virtually Yours,

Karen Lanter, MPA, CFRE, CAP®
Executive Director, Feed My People

**Do You Want To Get
Your Manna Messenger
By Email?**

Sign up on the Feed My People
website:

www.feed-my-people.org or
Email Us: info@fmpstl.org

*We will never sell or share your
information with outside parties or
businesses*

Upcoming Events

Manna March: Walk For Hunger

Sunday, October 17
12-4 pm

St. Paul's United Church of Christ
5508 Telegraph Rd. 63129

- Join us for a **Walk Against Hunger**
- All Are Welcome!
- \$30 donation per walker includes t-shirt and refreshments
- Be a Virtual Walker for as little as \$5 (donation only) a GREAT way to participate when you can't walk with us
- Sponsorships Available!

PLUS: Feed My People's Fall Festival

Attention! Walkers and Non-Walkers: Church and Volunteer of the Year Awards will be Presented at the Fall Festival!

- Enjoy a complimentary meal while you learn about the impact Feed My People is making in our community. Join us!!
- Fun for the WHOLE Family!
- Reservations for both Manna March and Fall Festival at www.feed-my-people.org/events or at (314) 631-4900x313 or SaraB@fmpstl.org



MANNA MARCH WALK AGAINST HUNGER
SUNDAY OCTOBER 17, 2021
ST. PAUL UCC ~ 5508 TELEGRAPH RD. 63129

Gather a Group of Friends & Family to Walk Against Hunger!
\$30 Per Walker ~ Includes T-Shirt
Don't want to walk? Be a Virtual Walker \$5

WALK BEGINS @ 1 PM

AND FALL FESTIVAL 12-4 PM
Enjoy a COMPLIMENTARY Fall Festival celebrating all of our Church Partners and dedicated Volunteers

LIVE MUSIC	GAMES	BBQ	FACE PAINTING
50/50	AWARDS	PUMPKIN CARVING	

REGISTER TODAY!
Scan the QR Code or visit www.feed-my-people.org/events

RAIN OR SHINE ~ OPEN TO PUBLIC ~ SPONSORSHIPS AVAILABLE




Tis the season to be jolly

FEED MY PEOPLE TOY DRIVE

A gift opens the way and ushers the giver into the presence of the great.
Proverbs 18:16

WE ARE COLLECTING UNWRAPPED NEW TOYS FOR CHILDREN OF ALL AGES (NEWBORN-18)!
Deadline to drop off gifts or cash donations is Monday, November 29, 2021

Feed My People | 171 Kingston Drive St. Louis, MO 63125

Annual Toy Drive

This holiday season Feed My People - South County is hosting a toy drive for our community.

We are accepting gifts and cash donations for children aged 0 to 18! The deadline to drop off all unwrapped new toys, gift cards, and cash donations is Monday, November 29 by 4pm.

Let's make this holiday season a memorable one for our clients and their families!

For more information, email Stephanie Berberich at StephanieB@fmpstl.org

Memorials

**Amatus, Mary, Philip
& Barbara Westrich**

Bosco & Priscilla Westrich

Ann Dudley

Daniel & Peggy Buechler

Anna Ludwig

Mary Lou Feldt

Bill & Toni Berberich

Stephanie & Jim Berberich

Bob Kleba

Mary M. Kleba

Bob Sontag

Colleen Berding

Brad Carson

Joan Carson

Clifford Underwood

Gloria Underwood

Forrest Nixon

Nixon Family

Gerri Mueller

Jacquelyn Dalton

Gladine Liner

Diane Behlke

Henry & Rose Von Rohr

Joyce Gray

Herbert & Eva Beutel

Herb & Shirley Beutel

Hilda Nadler

Rebecca Nadler

Jan Torrillo

Nicholas Torrillo

Janice Kroeger

Andreas & Deborah Aumer

Jean Kelly

Ellen Roelle

John Martin Belko

Allan Belko

John Obermann

Joan Bergt

Joyce Birk

Jim & Jeanette Kille

Martin & Leslie Lyons

Deborah Ritchie

Kate Tabor

Daniel & Peggy Buechler

Linus Macke

Sue & Bob Ruzicka

Mary O'Malley

Joan O'Malley

Neal Foppe

Mary Foppe

Patrick McNamee

Lois McNamee

Phyllis Powers

Richard & Dorothy Stolte

Rich Miller

James Ward

Richard Schweppe

Ruby Schweppe

Robert "Bob" Sontag

Tracy Spies

Robert Sontag

Edward & Janet Beck

Frank & Marilyn Dohr

Sandy McMillan

Nancy McMillan

Shirley Beeson

Jim & Shirley Arbet

Sue Burton

Cheryl Dietrich

Don & Margaret Bell

Leslie Gahr

Sheila Juntti

Medart Inc.

Ted Salvia

Daniel & Peggy Buechler

Tom Krejke

Mary Poucher



Tributes

Donita Obermann

Rex & Kristy Reed

Mike & Linda McGinnis

Mike & Judy Earickson

Ryleigh, Kaitlyn & Sydney Hindley

Del & Sandra Hindle

The Krewsons

Peggy Hrnicek

Vicki Wainz

Sandra Moore

Michael Staenberg

Dena & Jay Accardi

*As of 08/10/21

Memorial/Tribute Program

Enclosed is my gift of \$_____

 In **Memory** or in **Honor** of (Circle One)

In Honor of (Occasion)

Please Send Notification To:

Be a FMP Recurring Donor!

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